



What is One Health Nevada?

Do you have pets, love animals, and enjoy being outdoors? So do we! Because we understand how important animals are to people, we created One Health Nevada to help keep animals and people healthy by preventing diseases. Read more to see how we are connected to animals and plants in our environment in Nevada.

What are Zoonotic Diseases?

Zoonotic diseases are illnesses caused by germs that spread between animals and people. By learning about these diseases, you can protect yourself and keep your animals healthy.

Did You Know...

6 out of every 10 known infectious diseases in people can be spread by animals.¹ An infectious disease means an illness caused by germs. These germs can cause different illnesses that range from mild to serious illness.

¹ Center for Disease Control and Prevention (CDC). 2021.



For more information
and resources, visit:

OneHealthNevada.com



THE OFFICE OF STATE
Epidemiology
NEVADA



Nevada Department of
Health and Human Services



One Health Nevada

Helping People & Animals
Stay Healthy

Ways These Diseases Spread:

It's important to be aware of how germs spread to keep yourself safe.

Direct Contact

This is if you touch or get scratched/bitten by an infected animal or you come in contact with its pee, poop, snot, drool, or blood.

Indirect Contact

There could be germs on objects in an area where infected animals live and roam.

Vector-Borne

Some animals and insects (like ticks, mosquitos, and fleas) aren't sick but can carry viruses or bacteria that are harmful to humans.

Through Food

If you eat undercooked meat or unwashed fruits and vegetables, you can get sick.

Through Water

Drinking or coming in contact with water that has been contaminated with poop from an infected animal can spread diseases. Don't worry! Bottled water and the water in your house is safe.

Remember: You can't always tell if an animal is infected, so always be cautious around them.



Signs of a Sick Animal:

Pets

- Has stopped eating or drinking water
- Decreased energy level
- Puking or diarrhea
- Blood in pee or poop
- Having a hard time going to the bathroom or having accidents inside
- Loss of hair or bald patches

Livestock

- Low energy
- Clumsy movements
- Acting aggressive for no reason
- Foaming at the mouth

Wildlife

- Looks too skinny
- Not trying to run away
- Breathing problems
- Really runny nose or watery eyes
- Can't stand up

Here are a Few Ways You Can Protect Yourself & Animals:

- Always wash your hands with soap and water after being around animals, even if you didn't touch them.
- Wash your clothes and wipe off your shoes after being in a farm animal pen.
- Even baby animals can be sick. Be sure to wash up if you handle them.
- If your pet looks sick, talk to an adult and schedule a vet appointment.
- Use bug spray to avoid bites from mosquitoes, ticks, and fleas.
- If you get bit or scratched by an animal, tell an adult right away and see our website for guidance.
- Enjoy wildlife from a safe distance, look and do not touch. Never feed or pet wild animals.

